

Lorne SLSC Nippers Program



Junior Preliminary Skills Evaluation - 2018 – 2019

In accordance with LSV regulations you need to have this form completed by a **qualified swimming coach/teacher or pool lifeguard** and submit it when registering your child for nippers.

IMPORTANT:

- **EACH child needs to have their own form – multiple children on one form cannot be accepted.**
- **Please take care to enter into the correct Age Group to ensure the form is valid.**
- **Nippers CANNOT participate in water activities unless this form has been completed and returned to the Lorne SLSC.**
- **This form MUST BE ACCURATELY COMPLETED and submitted when registering online. Registrations will only be considered complete and your child given a place in the program once a completed form is received.**

_____ (Nipper name) from the Lorne SLSC has completed the following swim and survival float for their age group.

| Age Group | Swim requirement | Float requirement | Child's age group |
|--|---|---------------------------|-------------------|
| Under 7 (born 1 Oct 2011 – 30 Sept 2012) | In waist deep water, front glide the kick for 3m | 30 second survival float | |
| Under 8 (born 1 Oct 2010 – 30 Sept 2011) | 25 metre swim (any stroke) | 1 minute survival float | |
| Under 9 (born 1 Oct 2009 – 30 Sept 2010) | 25 metre swim (any stroke) | 1 minute survival float | |
| Under 10 (born 1 Oct 2008 – 30 Sept 2009) | 25 metre swim (freestyle) | 1 ½ minute survival float | |
| Under 11 (born 1 Oct 2007 – 30 Sept 2008) | 50 metre swim (freestyle) | 2 minute survival float | |
| Under 12 (born 1 Oct 2006 – 30 Sept 2007) | 100 metre swim (freestyle) | 2 minute survival float | |
| Under 13 (born 1 Oct 2005 – 30 Sept 2006) | 150 metre swim (freestyle) | 3 minute survival float | |
| Under 14/SRC (born 1 Oct 2004 – 30 Sept 2005) | 200 metre swim (freestyle) in less than 5 minutes | 3 minute survival float | |

Name: _____

Position: _____

Signature: _____ Date: _____