

Lorne SLSC Nippers Program



Junior Preliminary Skills Evaluation - 2019 – 2020

It is a requirement of Life Saving Victoria (LSV) that ALL nippers complete a preliminary skills evaluation prior to participating in any water based activities. This assessment can be completed in a pool or open water. The requirements are as per the below table.

This form must be completed by an **AUSTSWIM or equivalent qualified swimming coach/teacher or pool lifeguard** and submitted at the time of registering your child for nippers. This form CANNOT be signed by a parent or guardian.

IMPORTANT:

- **EACH child must have their own form – multiple children on one form cannot be accepted.**
- **The correct Age Group must be indicated to ensure the form is valid.**
- **This form MUST BE ACCURATELY COMPLETED and submitted when registering online. Registrations will only be considered complete and your child given a place in the program once a correctly completed form is received.**

_____ (Nipper name) from the Lorne SLSC has completed the following swim and survival float for their age group.

Age Group	Swim requirement	Float requirement	Child's age group
Under 7 (born 1 Oct 2012 – 30 Sept 2013)	In waist deep water, front glide, kick for 3m, recover to secure position	30 second back survival float	
Under 8 (born 1 Oct 2011 – 30 Sept 2012)	25 metre swim (any stroke)	1 minute survival float on back	
Under 9 (born 1 Oct 2010 – 30 Sept 2011)	25 metre swim (any stroke)	1 minute survival float on back	
Under 10 (born 1 Oct 2009 – 30 Sept 2010)	25 metre swim (freestyle)	1 ½ minute survival float on back	
Under 11 (born 1 Oct 2008 – 30 Sept 2009)	50 metre swim (freestyle)	2 minute survival float on back	
Under 12 (born 1 Oct 2007 – 30 Sept 2008)	100 metre swim (freestyle)	2 minute survival float on back	
Under 13 (born 1 Oct 2006 – 30 Sept 2007)	150 metre swim (freestyle)	3 minute survival float on back	
Under 14/SRC (born 1 Oct 2005 – 30 Sept 2006)	200 metre swim (freestyle) in less than 5 minutes	3 minute survival float on back	

Name: _____

Position: _____

Signature: _____ Date: _____